

To the Limit
1 Corinthians 12:4-6

2/20/11

⁴ There are different kinds of gifts, but the same Spirit distributes them. ⁵ There are different kinds of service, but the same Lord. ⁶ There are different kinds of working, but in

Principles of Emotionally Healthy Spirituality

Principle #4: Receive the gift of limits

- 1 Remember – Jesus E_____ human limits
- 2 Jesus C_____ the work that was His to do

Learning to discern your limitations

- 1 Look at your P_____
- 2 Look at your season of L_____
- 3 Look at your life S_____
- 4 Look at your emotional, physical, and intellectual
C_____
- 5 Look at your negative E_____
- 6 Look at the impact of your family P_____

Each piece of a puzzle fits in exactly one place