

Growing through Grief

2 Samuel 12:15-23

2/27/11

Principles of Emotionally Healthy Spirituality.

Principle #5: Embrace grieving and loss

➤ **Grieving is a P_____**

E_____

- Give yourself permission to F_____

➤ **Grieving is a P_____**

E_____

- The church, having learned to absorb and grow through pain, bears the rich fruit of Godlike

C_____

➤ **Grieving is a P_____**

E_____

- Biblical grieving leads to L_____

➤ **Grieving is not a P_____**

E_____

- The journey toward wholeness is a

P_____